

IMEC (Marie Cobel) with "Friends"
September 25, 1984

Session 27: Whose thoughts are these anyway?

Summary: When one focuses on a question or a subject then ideas have wings, and they will gravitate toward you to understand. The Friends suggest that many of the mental, emotional and physical issues of mankind are due to the inability to communicate. That our lack of proper language is the source of many misunderstandings and thus the inability to release the blocked energy within our consciousness.

Extended Summary: When one thought comes into harmony with another thought then an energy is created which manifests a new thought form. This can be used from the smallest thing to even allowing a man to discover his identity. Our thoughts are the basis of how we create and manifest our reality. This works on both a conscious and a subconscious level because the energies are interacting constantly even if you are unaware. The pattern of your life is a thought form you were given. You expect certain things to happen over a period of time. Your emotional and mental body then manifest the changes in your life according to the thought form on an automatic basis. From your birth you have been awash in thought forms that have shaped the decisions you make. You believe you are making independent thoughts, but you are operating within the constraints of an artificially created reality. A reality that once you are aware of it you can transcend. This is done through the observation of your thoughts and recognizing their impact on your reactions. Replace these thought forms with your own thought forms that are closer to the reality you wish to experience. At some point you will have replaced all of the external influences with those of your choosing. Then the awareness will operate within another system and will not use thought forms in the manner they are used on the Earth plane. This is why we say you are receiving this information through thought forms. You are not getting the totality of the information we are sending because we have to translate it into thought forms that are similar to our meaning but not the same. There are intangibles which cannot be conveyed but through the development of a combination of concepts we may be able to approach the meaning. Words that do not describe a physical object, such as love and fear, can vary in meaning based on one's experiences as a young child. Language has not evolved to the point where it truly can describe the internal feeling of mankind. Because of this, the subtle nature of an emotion is not truly communicated. Rather, it is placed in the box of the closest word. When the energy from feeling is not expressed fully, it is bound and blocked within the body. The blockage then leads to mental and emotional problems. The Friends suggest that many of the mental, emotional, and physical issues of mankind are due to the inability to communicate. That our lack of proper language is the source of many

misunderstandings and thus the inability to release the blocked energy within our consciousness.

Report by Daniel Erickson

Extended summary by S. Solomon